



ARTHRITIS vs ARTHRITIS 2

Both formulas address various types of arthritis characterized by the presence of Cold, i.e. pale swollen joints, joints cold to the touch. In TCM terms they dispel Wind-Damp and unblock the Channels.

ARTHRITIS contains several tonifying herbs and is thus more suitable for chronic conditions with mild to moderate or intermittent pain.



ARTHRITIS 2 contains no tonifying ingredients and focuses on pain relief by expelling pathogens and activating the Blood to dispel stasis. Thus it is more suitable for acute exacerbations with moderate to severe pain as well as stiffness of the affected joints.

| ARTHRITIS Formula (CM107) | ARTHRITIS 2 Formula (CM126) |
|--------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------|
| <ul style="list-style-type: none"> • Lumbago (chronic) | <ul style="list-style-type: none"> • Acute exacerbations of osteoarthritis |
| <ul style="list-style-type: none"> • Chronic arthritic & rheumatic conditions | <ul style="list-style-type: none"> • Active rheumatoid arthritis |
| <ul style="list-style-type: none"> • Sciatica (chronic) | <ul style="list-style-type: none"> • Sciatica (acute or severe) |