



GASTRO-AID vs GASTROCALM

Both of these formulas target the stomach and upper GIT, alleviate nausea or vomiting and relieve epigastric pain or discomfort. However the two formulas have different TCM therapeutic actions.

GASTRO-AID resolves turbid Damp and dispels exogenous pathogens, while GASTROCALM clears Heat from the Stomach and also tonifies the Qi of Spleen and Stomach.



Thus GASTRO-AID is used in acute conditions such as enteritis, gastroenteritis, food poisoning etc., while GASTROCALM is used for chronic conditions characterized by weakness and inflammation of the Stomach such as chronic gastritis and gastroesophageal reflux disease (GERD).

GASTRO-AID Formula (CM182)	GASTROCALM Formula (CM156)
<ul style="list-style-type: none"> • Acute conditions 	<ul style="list-style-type: none"> • Chronic conditions
<ul style="list-style-type: none"> • Acute enteritis 	<ul style="list-style-type: none"> • Chronic gastritis
<ul style="list-style-type: none"> • Gastroenteritis 	<ul style="list-style-type: none"> • Duodenitis (subacute or chronic)
<ul style="list-style-type: none"> • Intestinal flu 	<ul style="list-style-type: none"> • Gastroesophageal reflux disease
<ul style="list-style-type: none"> • Traveller's diarrhoea 	<ul style="list-style-type: none"> • Gastric ulcer
<ul style="list-style-type: none"> • Food poisoning 	