



MENOPAUSE 1 vs MENOPAUSE 2

Both formulas address common symptoms of the perimenopausal syndrome, and contain herbs that nourish and tonify the Kidney.

MENOPAUSE 1 acts to move the Qi and promote the Qi transformation functions in the Fluid pathways. It focuses mainly on fluid retention and weight gain.



MENOPAUSE 2 acts to clear deficiency Heat and focuses on the symptom of frequent hot flushes and sweating.

MENOPAUSE 1 Formula (CM110)	MENOPAUSE 2 Formula (CM108)
<ul style="list-style-type: none"> • Menopausal syndrome 	<ul style="list-style-type: none"> • Menopausal syndrome
<ul style="list-style-type: none"> • Weight gain and fluid retention 	<ul style="list-style-type: none"> • Hot flushes
	<ul style="list-style-type: none"> • Sweating