



RESISTANCE 1 vs RESISTANCE 2 vs DEFENCE PLUS

These formulas enhance immune functions, however they are used clinically in different ways.

RESISTANCE 1 is used to improve resistance to infections in the period when there is no acute infection. It is also used to stabilise immune response in cases with allergies. In this case it is generally used during as well as after the period when the patient is experiencing an allergic response.

RESISTANCE 2 is used in patients whose resistance has been compromised and also have an acute infection, which tends to further weaken the immune response. Thus **RESISTANCE 2** is often used when infection is present in order to promote expulsion of pathogens and strengthen host resistance.

DEFENCE PLUS has similar actions to **RESISTANCE 1**. However it is a simpler formula with fewer tonifying herbs and is therefore suitable for use in formula combinations.

RESISTANCE 1 Formula (CM117) (Based on Yu Ping Feng San with additions)	RESISTANCE 2 Formula (CM167) Equiv. BP029 Xiao Chai Hu Wan
<ul style="list-style-type: none"> • Remission stage treatment for asthma, bronchitis, allergies, recurring infections etc. 	<ul style="list-style-type: none"> • Post-viral syndrome (fatigue, swollen lymph nodes, irritability)
<ul style="list-style-type: none"> • Poor immune function 	<ul style="list-style-type: none"> • Alternating sensations of cold and heat
<ul style="list-style-type: none"> • Recurrent upper respiratory infections 	<ul style="list-style-type: none"> • Recovery stage after bacterial or viral infection
<ul style="list-style-type: none"> • Allergies 	<ul style="list-style-type: none"> • Disorders of the Liver & Gall Bladder (hepatitis, cholecystitis)
<ul style="list-style-type: none"> • Fatigue, spontaneous sweating 	

DEFENCE PLUS Formula (CM192) Equiv. BP037 Yu Ping Feng San
<ul style="list-style-type: none"> • Similar actions to CM117, simpler formula with fewer tonifying herbs (good to use in formula combinations)
<ul style="list-style-type: none"> • Poor immune function
<ul style="list-style-type: none"> • Recurrent upper respiratory infections
<ul style="list-style-type: none"> • Allergies
<ul style="list-style-type: none"> • Fatigue, spontaneous sweating