

The 'MOTHERHOOD' group of formulas



All of these formulas are used clinically to enhance fertility and allow a woman to achieve a healthy motherhood. However, there are several key differences between them.

MOTHERHOOD FT-1 is for women with irregular or intermittent ovulation, characterized in Western medicine as luteal phase deficiency. In TCM terms they have Qi stagnation and Blood stasis, characterised by irregular periods, PMS and possibly also dysmenorrhea.

MOTHERHOOD FT-2 is for women with a threatened miscarriage or history of such, and it may also be safely used as a general tonic throughout pregnancy.

MOTHERHOOD and **MOTHERHOOD 2** are for women with marked deficiency syndromes, characterized by fatigue, poor appetite, dizziness, polyuria, irregular periods (tending towards a long cycle), low libido. Of the two, **MOTHERHOOD 2** is the stronger tonic; while **MOTHERHOOD** also assists with calming and stabilizing the emotions in cases with stress, anxiety, mood swings, irritability and emotional volatility.

MOTHERHOOD FT-1 formula (CM140) formerly CM140 Fertility Support 1	MOTHERHOOD FT-2 formula (CM138) formerly CM138 Fertility Support 2
<ul style="list-style-type: none"> • Female infertility 	<ul style="list-style-type: none"> • Threatened or habitual miscarriage
<ul style="list-style-type: none"> • Luteal phase deficiency 	<ul style="list-style-type: none"> • Relaxes uterine muscles
<ul style="list-style-type: none"> • Irregular periods 	<ul style="list-style-type: none"> • Promotes uterine & foetal growth
<ul style="list-style-type: none"> • Irregular ovulation 	
<ul style="list-style-type: none"> • PMS 	
<ul style="list-style-type: none"> • Dysmenorrhea 	

MOTHERHOOD formula (CM162)	MOTHERHOOD 2 formula (CM184)
<ul style="list-style-type: none"> • Female infertility 	<ul style="list-style-type: none"> • Female infertility
<ul style="list-style-type: none"> • With signs of deficiency (e.g. fatigue, poor appetite, dizziness, polyuria, irregular periods, low libido) 	<ul style="list-style-type: none"> • Marked signs of deficiency (e.g. fatigue, poor appetite, dizziness, polyuria, irregular periods, low libido)
<ul style="list-style-type: none"> • There may also be stress, emotional strain, irritability and mood swings 	