



WEIGHT MANAGEMENT vs WEIGHT MANAGEMENT 2 vs WTM3 BODY SHAPE

All of these formulas have been developed using a combined TCM and Western approach to the management of overweight or obese patients.

Of these **WTM3 BODY SHAPE** is the strongest acting and should only be used in robust patients. It is focused on the liver and gall-bladder promoting fat metabolism and the secretion of bile. It also has a marked laxative action. It is suitable for overweight patients who have a sense of bloating or distention in the epigastrium and hypochondrium.



WEIGHT MANAGEMENT 2 is a little milder in action and is also mostly suitable for robust patients with sluggish bowels, as it promotes intestinal peristalsis to move the food through the bowels more rapidly.

WEIGHT MANAGEMENT is the mildest of the three and is suitable for patients with normal or low energy. It acts by promoting fluid metabolism as well as bowel movement. It is thus most suitable for overweight patients with fluid retention.

WEIGHT MANAGEMENT formula (CM114)	WEIGHT MANAGEMENT 2 formula (CM172)
<ul style="list-style-type: none"> • Overweight 	<ul style="list-style-type: none"> • Overweight, metabolic syndrome (Syndrome X), obesity
<ul style="list-style-type: none"> • With fluid retention 	<ul style="list-style-type: none"> • For robust clients with constipation
<ul style="list-style-type: none"> • Fatigue 	

WTM3 BODY SHAPE formula (CM189)
<ul style="list-style-type: none"> • Obesity, severe overweight
<ul style="list-style-type: none"> • For robust clients with significant abdominal distension, a sense of fullness in the hypochondrium and constipation